LSVT BIG®

Virtual Live LSVT BIG Training and Certification Course



Offered for Physical and Occupational Therapy Professionals and Students

Virtual Live Course

Location: Anywhere!

Hosted by:

APTA New Hampshire
A Chapter of the American Physical Therapy Association

☑ Computer/tablet ☑ Internet ☑ All set!

Course Schedule:

- Within three weeks before course: Complete 4 hours of pre-recorded online content
- January 22nd, 2027: First virtual live session 12:00 PM - 6:00 PM Eastern Time (US)
- January 23rd, 2027: Second virtual live session 12:00 PM - 5:30 PM Eastern Time (US)
- Within two weeks after course: Complete final exam

The Virtual Live LSVT BIG Training and Certification Course is a mix of asynchronous online learning followed by two days of interactive, virtual live learning. The course is designed to train physical and occupational therapy professionals and students in an evidence-based, intensive, treatment program for individuals with Parkinson's disease and other conditions.

What Will I Learn?

The 15-hour Virtual Live LSVT BIG Training and Certification Course is a mix of online, pre-recorded learning, and virtual live interactive learning designed to train physical and occupational therapy professionals and students in an evidence-based, intensive, amplitude-focused treatment program for individuals with Parkinson's disease and other conditions. The fundamental treatment principles and rationale, key treatment elements, efficacy data supporting treatment outcomes, details of treatment tasks, and practical delivery will be covered. Teaching techniques include both live and pre-recorded lecture, live and video demonstrations, live instructor led exercise practice, knowledge review questions, Q & A, and case study presentations. Discussion will be included on application to other neural disorders and personalization of the treatment to meet the unique functional goals of each patient.

What Comes with LSVT BIG Training and Certification?

- Downloadable LSVT BIG Training and Certification Course materials
- Official LSVT BIG Certification upon completion of the course and passing the exam
- Access to LSVT BIG Homework Helper Videos
- Downloadable LSVT BIG Resources (treatment forms, marketing resources, videos, and more)
- Listing on the LSVT Global Certified Clinician Database for referrals
- Invitation to the exclusive LSVT BIG Clinician Facebook group
- Online support from LSVT BIG experts for clinical questions
- Free webinars on advanced LSVT BIG topics plus access to 40+ on-demand webinars

How do I Become LSVT BIG Certified?

- Register for an LSVT BIG Training and Certification Course.
- Read and accept the LSVT Clinician Practice Agreement, sent via email link upon registration.
- Complete the entire LSVT BIG Training and Certification Course.
- Complete Certification Exam with an 84% score required to pass. The exam will be administered online after all learning modules have been completed.
    - If a participant does not pass the examination, there will be an opportunity to re-take the exam online, at no additional cost.

How Much Does Training and Certification Cost?



Please note:

- Professional: Learner who is a PT, PTA, OT or OTA professional.
- Fellow/Resident: Learner who is in a PT residency or OT fellowship.
- Student: Learner who is enrolled in a PT, PTA, OT or OTA program.
- Previously Certified: Learner who is an LSVT BIG Certified Clinician.
- Group discounts are available for 5+ participants registering together, contact info@lsvtglobal.com.

Quotes From LSVT BIG Course Participants

"I truly enjoyed this course. I felt including actual patients with PD, really helped to establish and refine the skills I learned. I would recommend this course to any clinician."
- LSVT BIG Participant

"I was extremely impressed by how well structured and intense the training was, and how well designed it was for a virtual course. I was especially impressed with use of the small group breakout sessions and the volunteer participation."
- LSVT BIG Participant

"Wonderfully composed by LSVT faculty. The online learning went smoothly and the layout of the course was one of the best I have been a part of. I enjoyed the practice sessions and group sessions that incorporated volunteers with Parkinson's disease the most."
- LSVT BIG Participant





Continuing Education

The Virtual Live LSVT BIG Training and Certification Course qualifies for 1.5 CEUs (15.0 contact hours) for PT/PTA and OT/OTA professionals. This course content is not intended for use by any participants outside the scope of their license or regulation. For course approval information click HERE. If you have a specific question about CE credit for this course in your state, please direct your inquiry including the course title in which you are interested to: info@ceuapproval.com.

American Occupational Therapy Association
Approved Provider

LSVT Global is an AOTA Approved Provider of professional development. PD activity approval ID# 13484. This blended/hybrid activity is offered at 1.5 CEUs (15.0 contact hours), Intermediate, OT Service Delivery & Foundational Knowledge. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA approval of a certification or other professional recognition.

Learning Outcomes

Upon conclusion of this course, participants (Physical and Occupational Therapy Professionals and Students) will be able to:

- Outline the standardized dosage and framework of the LSVT BIG protocol. Differentiate between evidence-based exercise approaches and the LSVT BIG physiotherapy and occupational therapy approach for people with Parkinson's disease (PD).
- State the rationale for using a single target of amplitude when working with patients who have PD.
- Recognize how and why intensive training is delivered within sessions and across sessions of LSVT BIG.
- Identify at least three common symptoms of PD which can be barriers to achieving lasting treatment results in people who have PD.
- Summarize research findings that support use of LSVT BIG for persons with PD and other neurological conditions.
- Analyze the seven Maximal Daily Exercises to determine the Parkinson's specific rationale for each.
- Select appropriate treatment adaptations and progressions to individualize LSVT BIG therapy.
- Apply the five LSVT BIG teaching techniques to train and reinforce improved movement quality in given case scenarios.
- Classify the distinct purposes of Functional Component Tasks, Hierarchy Tasks, and Carryover Assignments within LSVT BIG.
- Determine how to customize elements within the LSVT BIG protocol to address patient specific problems related to freezing with gait, mobility and/or ADLs.
- Evaluate a patient's feedback and performance to determine if they have been successfully calibrated through LSVT BIG treatment.
- Synthesize information related to a patient's diagnosis, exam and stimulability testing results to assess if the patient with PD or another condition would be appropriate for LSVT BIG treatment.
- Recommend appropriate follow up care and home exercise practice after discharge from LSVT BIG to help maintain treatment gains and manage PD symptoms long term.
- Consider and plan how physiotherapy and occupational therapy professionals can collaborate to provide LSVT BIG either individually or as a team based upon patients' needs.

LSVT BIG Virtual Live Course Agenda

Pre-recorded Learning in LearnUpon - Must Complete Prior to Virtual Live Sessions

Module 1: Introduction (13:38 minutes)

Module 2: Background of LSVT (15:42 minutes)

Knowledge Review Questions (3)

Module 3: Exercise and Clinical Practice Guidelines for Parkinson's and LSVT BIG (17:03 minutes)

Knowledge Review Questions (3)

Module 4: LSVT BIG Paradigm Shift 1: TARGET (7:15 minutes)

Knowledge Review Questions (2)

Module 5: LSVT BIG Paradigm Shift 2: MODE (9:23 minutes)

Knowledge Review Questions (2)

Module 6: LSVT BIG Paradigm Shift 3: CALIBRATION (12:52 minutes)

Knowledge Review Questions (5)

Module 7: Overview of Parkinson's disease (35:19 minutes)

Knowledge Review Questions (6)

Module 8: Video demo of LSVT BIG treatment (46:11 minutes)

Module 9: LSVT Data (19:07 minutes)

Knowledge Review Questions (5)

Module 10: Intro to LSVT BIG Methods (24:57 minutes)

Knowledge Review Questions (4)

Run Time Modules 1-10: 3 hours, 22 minutes
Knowledge Review Questions (30 multiple choice questions): 30 minutes

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After completing modules 1-10 and the Knowledge Review Questions, you will be ready for the Virtual Live learning days.

LSVT BIG Virtual Live Course Agenda

Virtual Live Day 1: 12:00 – 6:00 PM Eastern Time
(5 hours, 10 minutes instructional time)

Access all modules through your LearnUpon account. Virtual Live sessions will use the Zoom platform. All times listed in Eastern Time Zone in the United States.

12:00 - 1:00 PM (60 minutes)

Module 11: Standard LSVT BIG Maximal Daily Exercises

Module 12: Adaptations/Progressions of LSVT BIG Maximal Daily Exercises

1:00 – 2:15 PM (75 minutes)

Module 13: Interactive practice session of Standard and Adapted Maximal Daily Exercises. Includes large group and small group practice.

2:15 – 2:25 PM (10 minutes) - BREAK

2:25 – 4:15 PM (110 minutes)

Module 14: Functional Component Tasks

Module 15: Hierarchy Tasks

Module 16: Selecting Functional Component Tasks and Hierarchy Tasks

Module 17: Functional Component Task and Hierarchy Task Considerations with small group practice

4:15 – 4:25 PM (10 minutes) - BREAK

4:25 – 5:30 PM (65 minutes)

Module 18: BIG Walking

Module 19: Freezing Phenomena; Summary of Day 1

OPTIONAL: Supplemental Group Exercise Practice Session 5:30 – 6:00 PM

End of Day 1



LSVT BIG Virtual Live Course Agenda

Virtual Live Day 2: 12:00 – 5:30 PM Eastern Time
(5 hours, 10 minutes instructional time)

Access all modules through your LearnUpon account. Virtual Live sessions will use the Zoom platform. All times listed in Eastern Time Zone in the United States.

12:00 - 12:45 PM (45 minutes)
Module 20: Teaching Techniques: Model and Shape
Module 21: Teaching Techniques: Drive, Stabilize, and Calibrate

12:45 – 1:45 PM (60 minutes)
Module 22: Calibration Education
Module 23: Calibration through Treatment
Module 24: Calibration through Carryover Assignments
Module 25: Calibration through Homework
Module 26: Assessing Calibration

1:45 – 1:55 PM (10 minutes) - BREAK

1:55 – 3:25 PM (90 minutes)
Module 27: Calibration Education
Module 28: Calibration through Treatment
Module 29: Calibration through Carryover Assignments
Module 30: Calibration through Homework
Module 31: Assessing Calibration
Module 32: Assessing Calibration

3:25 – 3:35 PM (10 minutes) - BREAK

3:35 – 5:00 PM (85 minutes)
Module 33: Interactive practice session with PD volunteers in small groups

5:00 – 5:30 PM (30 minutes)
Module 34: Q&A; Clinical Implementation

End of Day 2

Final elements to complete in learning management system by two weeks post-course

Course Evaluation

Final Exam: 50 multiple choice questions; 84% required to pass. This is not a timed test. It can be retaken if you do not pass the first time.



Congratulations!

LSVT BIG Course Faculty

A team of two to three faculty will present each course. The LSVT BIG faculty collectively have over 200 years of experience as physical or occupational therapists and trained over 50,000 physical and occupational therapists globally.

Patricia S Brown PT, DPT, NCS Dr. Brown has been a board-certified PT Clinical Specialist in Neurology since 1999 and LSVT BIG Certified since 2009. She is a graduate of the Parkinson Foundation's Allied Team Training (ATTP) program. She is a highly experienced physical therapist and is now a Clinical Associate Professor in the PT Program at Chapman University in California. She is also an instructor and board member at a local non-profit gym for persons with Parkinson disease (PD).

Heather Cianci, PT, MS, GCS
Ms. Cianci received her PT Clinical Specialist Certification in Geriatrics in 1999 and her LSVT BIG Certification in 2007. She is the Neurologic Team Leader at the Dan Aaron Parkinson's Rehab Center in Philadelphia. She is a 2004 graduate of ATTP and joined as ATTP faculty in 2017. Ms. Cianci has written and lectured for several national PD organizations, on-line CEU providers, and PT programs at Philadelphia area universities. She is also a former board member for CurePSP.

Cynthia Fox Ph.D., CCC-SLP
Dr. Fox is an expert on rehabilitation and neuroplasticity and the role of exercise in the improvement of function consequent to neural injury and disease. She is a world leader in LSVT LOUD and conducted related efficacy research in Parkinson's and other disorders. Dr. Fox worked on the development of LSVT BIG. She is faculty for LSVT LOUD and LSVT BIG Training and Certification courses. Dr. Fox is CEO and Co-Founder of LSVT Global, Inc.

Laura Gusé, BSPT, MPT
Ms. Gusé has extensive experience treating people with neurodegenerative disorders in various practice settings. She was LSVT BIG certified in 2009 and now serves as Chief Clinical Officer of LSVT BIG. Ms. Guse' oversees the training, curriculum and product development related to LSVT BIG, and has helped to create many of the current LSVT BIG treatment tools, webinars, and courses. She has spoken at many national and international conferences on topics related to LSVT BIG.

Tamara Hefferon PT, DPT, CSCS, OCS
Dr. Hefferon has been certified in LSVT BIG® since 2009 and received her Orthopedic Clinical Specialist Certification in 2017. She was an Assistant Professor and Orthopedic Specialist at Franklin Pierce University. She co-owns a cash-based practice called Impact Physical Therapy in Phoenix. She has a passion for treating persons with Parkinson disease with emphasis on early onset and young onset patients.

Bernadette Kosir OTR/L, CAPS

Ms.Kosir has over 35 years of OT experience, specializing in home health clinical leadership, quality process development, and innovative clinical education. She is currently Branch Manager at Henry Ford Home Health, part of a large non-profit health system serving Detroiters with an established LSVT BIG and LSVT LOUD continuum of care. As a therapy director, she developed and managed successful LSVT BIG and LSVT LOUD clinical programs that brought this evidence-based treatment approach to homebound patients with advanced Parkinson's Disease throughout Michigan. Ms. Kosir has been LSVT BIG Certified since 2008 and joined LSVT Global as faculty in 2011. She is a certified trainer in Integrated Care Management for coordinated care of patients with chronic diseases including Parkinson disease and is an NAHB Certified Aging in Place Specialist.

Kathleen Salik PT, DPT, NCS, MSCS, CCCE

Dr. Salik is a board-certified PT Clinical Specialist in Neurology and is also a Multiple Sclerosis Certified Specialist. Ms. Salik has advanced training in Vestibular Rehabilitation and has been LSVT BIG certified since 2010. Her clinical experience has focused on neurological rehabilitation for adults with PD, MS, stroke and vestibular impairments. She is the Clinical Coordinator for Education for Banner Thunderbird Outpatient Rehabilitation Services in Glendale, AZ.

Jennifer Tuccitto, MPT, GCS

Ms. Tuccitto has been certified in LSVT BIG® since 2009 and part of the LSVT BIG Training and Certification Faculty since 2011. She has extensive experience in treating a wide variety of clients with neurological diagnoses over the last 20+ years with a focus in Parkinson Disease. She now serves as the Director of Innovation and Communications for LSVT Global as well as the LSVT BIG Clinical Expert. Jenny has assisted with the development of many LSVT BIG treatment tools & courses including the LSVT BIG Homework Helper videos, BIG for LIFE training, webinars & LSVT for LIFE. She has spoken at many local and national events on LSVT BIG and Parkinson Disease.

Erica Vitek MOT, OTR, BCB-PMD, PRPC

Ms. Vitek has been certified in LSVT BIG since 2009 and is an ATTP graduate. She is Board Certified in Biofeedback for Pelvic Muscle Dysfunction, a Board Certified Pelvic Rehabilitation Practitioner, and Herman & Wallace Pelvic Rehabilitation Institute faculty authoring Parkinson Disease and Pelvic Rehabilitation. She presents and authors articles for the Wisconsin Parkinson Association. She is employed by Aurora Sinai Medical Center in Milwaukee, WI, leading LSVT programing, including LSVT BIG graduate exercise classes.

Julia Wood, MOT, OTR/L

Ms. Wood is an occupational therapist specializing in assessment and treatment of people with Parkinson’s disease. Julia is currently the director of Professional & Community Education at the Lewy Body Dementia Association (LBDA). Julia has served as faculty for the Parkinson’s Foundation’s Team Training for Parkinson program since 2016 and served on the Parkinson’s Foundation Rehabilitation Task Force in 2021. She co-authored the first American Occupational Therapy Association Practice Guideline for Adults with Parkinson’s Disease in 2022 and serves on the Comprehensive Care Subcommittee for the World Parkinson’s Congress (WPC) in Barcelona, Spain in 2023.

LSVT BIG Faculty Disclosures

All of the LSVT Global faculty have both financial and non-financial relationships with LSVT Global, Inc. Non-financial relationships include a preference for the LSVT BIG as a treatment technique, which will be discussed as a part of this course. The purpose of this course is solely to educate attendees on the topic and not promote the business/product in any way.

- Dr. Fox receives lecture honorarium and travel reimbursement from, and has ownership interest in LSVT Global, Inc.
- Ms. Gusè and Ms. Tuccitto are employees of, receive lecture honorarium and travel reimbursement from LSVT Global, Inc.
- Dr. Brown, Ms. Cianci, Dr. Hefferon, Ms. Kosir, Dr. Salik, Ms. Vitek and Ms. Wood receive consulting fees, lecture honorarium and travel reimbursement from LSVT Global, Inc.

LSVT BIG Trademarks and Certification

The LSVT® trademark and other logos appearing within the LSVT Global website and on its literature are registered and unregistered trademarks of LSVT Global, Inc. Only individuals directly certified by LSVT Global, Inc. and who have attended an LSVT BIG Training and Certification Course with specific training in the LSVT BIG modalities of treatment for individuals with movement disorders related to Parkinson's disease and other neurological disorders or conditions are entitled to use the LSVT trademarks. An individual who has attended a Course and has received a certificate of LSVT BIG training will be able to use the LSVT trademark to refer to themselves as an "LSVT BIG trained clinician", so long as they retain active clinician status. Any non-sanctioned use is strictly prohibited.

LSVT BIG Certified Clinicians will be able to:

- Use the LSVT trademark to indicate they are an LSVT trained and certified clinician
- Use the efficacy data of LSVT BIG to market and support reimbursement of the LSVT BIG program
- Enroll in the database of LSVT trained clinicians for patient and physician referrals
- Attend future LSVT BIG Training and Certification Courses for reduced fees

LSVT BIG Certification Renewal

LSVT BIG Certification requires renewal every two years to maintain active clinician status.

The process of the LSVT BIG Certification renewal involves the following steps:

- Complete the short Online LSVT BIG renewal course. (CEUs awarded)
- Provide updated contact information for the optional LSVT Clinician Directory

Note: Reattending a live or online LSVT BIG Training and Certification Course is another option for renewal for clinicians seeking a more in-depth update.

Professional Designation Policy

By registering for a given course, you are confirming you meet the requirements for the profession chosen at the time of registration. The LSVT BIG Training and Certification Courses are only open to those with college/university degrees as Physical Therapists/Physiotherapists (PT), Physical Therapist Assistants (PTA), Occupational Therapists (OT), or Occupational Therapy Assistants (OTA), and students enrolled in these professional programs at a college/university level. Physical Therapy or Occupational Therapy Aides or Techs or Allied Health Assistants are not eligible for LSVT BIG Certification and may not participate in the delivery of LSVT BIG.

Professionals and Assistants

Physical Therapist Assistants and Occupational Therapy Assistants who provide LSVT BIG treatment must be certified in LSVT BIG and supervised by an LSVT BIG Certified clinician of the same profession. LSVT BIG Certified PTs and OTs must perform examinations and evaluations specific to LSVT BIG treatment and establish care plans and goals. LSVT BIG certified therapists must regularly reassess each patient's progress and guide certified, therapy assistants according to the practice guidelines and regulations in your region. In you are practicing in the United States please refer to your state practice act for information relating to the location of supervising therapists. LSVT Global does not distinguish the need for supervision either on-site, off-site, or direct for PTAs or OTAs who are certified in LSVT BIG.

Students

Students may administer LSVT BIG only if they have attended an LSVT BIG Training and Certification course and successfully received a certificate of completion. In addition, the student must be under the direct supervision of an LSVT BIG certified clinician in compliance with all state, federal, and prevailing insurance guidelines regarding supervision of students.

Minimum System Requirements

For the best learning experience, please use a computer, iPad, or tablet. Mobile phones are not recommended because they can cause issues with viewing the course, joining live sessions, and overall learning quality.

Technology Requirements:

- Reliable high-speed internet (wired or Wi-Fi; not dial-up or MiFi)
- Camera, microphone, and speakers (built-in or external)
- Use one of these browsers: Google Chrome, Mozilla Firefox, Apple Safari, Microsoft Edge, or Internet Explorer 11 (Windows 10 only, not in compatibility mode)
- On iPads or tablets, use any compatible browser
- Make sure your browser:
  - Has JavaScript enabled
  - Allows cookies and pop-ups
- The latest version of Zoom

Policies and Fees

Participant Attendance Policy: Individual participation in the entire course is mandatory. Certification and CEU credit will only be awarded upon full completion of all course components. Participants who do not complete the course are not eligible for certification, CEU credit, or a refund of any fees paid.

Participant Cancellation Policies: Purchasing made in error (example: incorrect course or quantity) will be fully refunded only if LSVT Global receives written notice within 72 hours of purchase. Notification is sent to: info@lsvtglobal.com. Refunds will not be issued once the participant has accessed the course in the Learning Management System (LMS).

If the course has not been accessed: A full refund of the course fee will be issued, minus a $50 cancellation fee for courses greater than 3 hours, or a $25 fee for courses 3 hours or less. To obtain a refund or exchange, the purchaser must provide an e-mail address, billing address, phone number, and credit card details.

If printed course materials were shipped, they must be returned in their original unopened condition within 30 days of receipt. Refunds will not be processed until the returned materials are received at to LSVT Global, Inc 4720 North Oracle Road, Suite 100, Tucson, AZ, 85705. The purchaser is responsible for return shipping costs. LSVT Global is not responsible for items lost or undelivered and will not honor claims of non-receipt.

Participants who wish to transfer to a different online, virtual live, or in-person course before accessing their course in the LMS may do so for a $50 transfer fee. In the case of documented emergencies or rare circumstances that prevent course completion, participants should contact training@lsvtglobal.com to discuss available options, if any.

LSVT Global Cancellation Policy: LSVT Global reserves the right to cancel or reschedule any in-person or virtual live course due to low enrollment, unforeseen circumstances, or other reasons. Participants will be notified via email, mail, or phone as soon as the possible. LSVT Global will provide participants a choice of refund of their registration fee, transfer to an alternative course date (if available), or enrollment in the Online Training and Certification course. LSVT Global assumes no responsibility for any expenses incurred by participants as a result of cancellations, including travel or lodging costs.

Accessibility

LearnUpon includes a range of accessibility features to support all learners:

- Keyboard navigation: Navigate the platform using only your keyboard, including login, course content, resources, messages, exams, and your learner profile.
- Screen reader support: Compatible with Chrome and Safari using JAWS (Windows) and VoiceOver (Mac). For the best experience, keep your browser up to date.
- Closed captions: All LSVT Global course modules are fully captioned. Captions are available for the instructor's narration as well as any videos embedded within the modules, making all spoken content accessible.
- Zoom: Increase page magnification up to 200% without losing functionality or requiring two-dimensional scrolling.
- Messages: At any time, you can use the LearnUpon messaging feature to contact LSVT Global. Whether you need technical support, an exam reset, or have questions about course content, you can send a message directly to our team and instructors.

Registration

Register online by clicking here or scanning the QR code below!

ONLINE: www.lsvtglobal.com **FAX:** (520) 867-8839 **EMAIL:** info@lsvtglobal.com